Music is played in every society and culture in the world today. Some people think that music brings only benefits to individuals and societies. Other, however, think that music can have negative influence on both.

Discuss both these views and give your own opinion.

It is generally accepted that music has an inextricable relation with humans' emotions, and is a mean**s** to express oneself while one cannot be assertive utterly. Furthermore, when you cut through this merit, you find more about the benefits that it can bring to people.

Statistics show that music is one of the most wonderful ways to control impassioned rage in relationships. Needless to discuss, music is one of the cultural modes of ~~a~~ society which gets improved by the passage of time. Besides, it is a way through which you can see how individuals are functioning in **a** society since everyone is listening to it minute by minute while doing daily chores as it is easily reachable through iPod, iPad and mobile**s**.

Conversely, there are some argue**ments** about the demerits which music can bring, so it is suggested that people should stake out a distance from it to achieve more normalcy as music is replacing the conversations in relationships in order to show or control how they are feeling instead of expressing them through dialogues.

Moreover, music has been a provoking tool ~~is a~~ **in** society since it is tantamount to youth's sanity and can easily render them vulnerable.

All in all, I strongly believe that music can have both positive and negative effects. We should, however, value everyone's latitude in this case and try to strike a balance. Finally, it's worth bearing in mind that music is the best mitigating factor in self-awareness procedures in personal debacles.